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Tex-Mex Takeout Cookbook: Favorite Tex-Mex Recipes To Make At Home



Synopsis

Prepare the Best Tex-Mex Takeout Recipes at home and experience the authentic flavors of Tex-Mex food. Download FREE with Kindle Unlimited Chili con carne, fajitas, tacos, and nachos are the iconic dishes of Tex-Mex cuisine. These are familiar dishes that many consider being comfort food. Like other cuisines adopted into American culture, Tex-Mex, short form for Texan-Mexican, is an exciting mix of flavors and spices from Mexican, Spanish, Native American, and Berber influences passed down through tradition over several centuries. It is a dynamic cuisine that is still evolving and incorporating new flavors; graciously adjusting to the tastes and needs of the times. Inside this book, you'll find:

- An introduction to Tex-Mex takeout cuisine
- Ingredients used in Tex-Mex cooking
- Cooking methods and tools used to prepare authentic Tex-Mex meals
- 50 of the best Tex-Mex takeout recipes including:
 - Great appetizers, snacks and dips like the Queso Dip, the Bean & Cheese Nachos or the Chili Cheese Fries
 - Easy-to-prepare sandwiches and wraps like the Beef Quesadilla, the Shredded Chicken Burrito or the Santa Fe Wrap
 - Satisfying rice, salad and bowl recipes like the Chili Bowl or the Avocado Chicken Salad
 - Heartwarming soup recipes like the Caldo de Res or the Tortilla Soup
 - Classic taco recipes like the Carne Asada Tacos or the Fish Tacos
 - Favorite main dish recipes like the Picadillo or the Tex-Mex Pizza
 - Delightful desserts like the Caramel Flan or the Churros

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Book Information

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Customer Reviews

TEX-MEX COOKBOOK Tex-Mex Takeout Cookbook: Favorite Tex-Mex Recipes to Make at Home (Texas Mexican Cookbook) Like how it describes the special ingredients that a tex-mex meal consists of. Also a chapter on the tools and equipment to make it all easier. Starts out with the prep/cook time and servings the dish will make, Ingredient list, and detailed instructions on how to make the dish. There are no pictures and no nutritional information. Some we'd be able to have on our low fat, low sodium diet—we'd have to substitute some of the ingredients. Even has a section for desserts among the other common ones: dips, soups, sandwiches, etc. Other works by the author are highlighted at the end.

I remember some great old time Mexican restaurants. We didn't call the cuisine "Tex Mex" in those days in So Cal, but I recognize many of the delicious dishes this Tex-Mex Takeout cookbook offers. It's good food, spiced a certain way, with the staples like tomatoes, chilis, onions and avocado, I've always known and enjoyed. The introduction has a nice history of this cuisine which I never knew. The local supermarkets carry most of the basics that these recipes require. Many of these dishes are hearty, not too hot but spicy, and include my favorites. These recipes include whole roasted or braised meats, fats, dairy for the cheese and crema, eggs, gluten, beans, spices, etc. They are healthy, but in the way my generation thrived. I look forward to using so many of these recipes. If you like this kind of food that can stretch your budget with nourishing and tasty meals, it's well worth the price.

This cookbook has some really fantastic recipes for great southwestern flavor. So if you enjoy spicy food at it's best then this cookbook is for you. Thank you.

With just a quick browse of the book the recipes look great.

Who knew Tex-Mex and Mexican cooking were not the same? Not me! Hey I'm a cookbook collector and I almost never review cookbooks. I own well over 300 cookbooks (in hardcover on my bookshelf), not to mention boxes and boxes of clipped recipes. So when I review a cookbook it has to be good. I just made the Tortilla Soup (although I didn't grill the veggies, I'm sure that would have been even better). It was very filling and tasty. I love one-pot cooking and Ms. Chang gives us quite a few to choose from. This is not a huge cookbook, but the recipes have a unique twist that you don't find elsewhere. The steps are detailed enough for any beginner, but challenging enough for an experienced cook. If you like south-west food, you will enjoy this cookbook.

seems good

Gave this book to my daughter. I think she was pleased.

Great recipes and simple to follow and make. Love it.

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